




NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 BBQ Chicken Drumstick Whole Wheat Roll & Jelly Baked Beans Creamy Cole Slaw Pineapple Oranges (9-12) Milk	2 Pepperoni Pizza Broccoli Florets Fresh Baby Carrots Fresh Citrus Fruit Cups Fruit Cocktail (9-12) Milk	3 Biscuits & Gravy Sausage Patty (6-12) Peas Hash Brown Patty Fresh Pears Applesauce (9-12) Milk	4	5
		6 Corn Dog Green Beans Tater Tots Fruit Cocktail Snickerdoodle Fresh Blueberries (9-12) Milk	7 Pork Rib on a Bun Dark Green Leaf Lettuce & Tomato Slice Sweet Potato Fries Canned Pears (9-12) Milk	8 Taco Soup Tortilla Chips & Tomato Salsa Broccoli Florets Fresh Strawberries Celery & Carrots Canned Peaches (9-12) Milk	9 Chicken Quesadilla Tortilla Chips (9-12) Black Bean & Corn Salsa (9-12), Lettuce Refried Beans Fresh Mixed Fruit Tropical Fruit (9-12) Milk	10 Cavatini Whole Wheat Roll & Jelly Seasoned Corn Garden Salad Fresh Orange Applesauce (9-12) Milk
13 Yumpp Sloppy Joe on a Bun Roasted Red Potatoes Baked Beans Fresh Apple Canned Peaches (9-12) Milk	14 Chicken Tetrazzini Garlic Bread Tossed Salad Seasoned Peas Pear Halves Applesauce (9-12) Milk	15 Hamburger on a Bun Dark Green Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fresh Oranges Fresh Cocktail (9-12) Milk	16 Baked Chicken Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango Pears (9-12) Milk	17 Turkey Mashed Potatoes Green Bean Casserole Whole Grain Roll Dressing Pineapple, Apples (9-12) Pumpkin Cake Milk	18	19
20 Macaroni & Cheese Meatball Whole Wheat Bread & Jelly (6-12) Seasoned Peas Fresh Baby Carrots Apple Salad Pears (9-12) Milk	21 Chili Tortilla Chips (9-12) Bell Pepper Strips Fresh Oranges Cinnamon Rolls Cucumbers Canned Peaches (9-12) Milk	22 NO SCHOOL	23 Happy Thanksgiving	24 NO SCHOOL	25 	26
27 Turkey & Cheese Sub Sandwich Dark Green Leaf Lettuce Tomato Slice Sweet Potato Fries Fresh Kiwi Canned Peaches (9-12) Milk	28 Beef & Bean Burrito Tortilla Chips (9-12) Tomato Salsa Tomaine & Tomato Mexican Corn Fresh Banana Cherry Applesauce (9-12) Milk	29 Stromboli Squares Garlic Breadstick (9-12) Garden Salad Fresh Baby Carrots Diced Peaches Fresh Kiwi (9-12) Milk	30 Country Style Beef Pattie Whole Wheat Roll & Jelly (6-12) Mashed Potatoes & Gravy Steamed Broccoli Fresh Pineapple Canned Pears Milk			
		NOTES: Penny Hunt: Ask your youngster to count out 15 pennies. Then, have her cover her eyes while you hide them around the house. Set a timer for two minutes, and let her race to find the pennies before the buzzer tings. Next game, they can hide the pennies, and you hunt. Help each other find the pennies by saying "You're hot" when someone gets close to a hiding place and "You're cold" when someone is moving away from one. <i>Idea:</i> Move the game outdoors, and hide pennies in bushes, under rocks, or in sidewalk cracks.				

L U N C H M E N U